



# The Chinese University of Hong Kong Chung Chi College

## 「一人一體資助計劃」詳情 Be Active Programme Details

### 🌀 目標 🌀

透過資助鼓勵學院全日制同學參加認可非牟利機構開辦之**短期體育課程**(最少 4 節或 12 小時課堂)，以增進同學對體育之認識並強身健體，培養興趣，課程性質可為實踐性、技術性等。

### 🌀 資助課程 🌀

如體育課程屬下列情況：以函授或遙距模式教學、教授電腦軟件為主，均**不包括**在本計劃資助範疇以內。

### 🌀 資助認可機構 🌀

- 1) 中國香港體育協會暨奧林匹克委員會轄下體育總會
- 2) 香港非牟利團體舉辦的體育課程

### 🌀 資助詳情 🌀

出席率：同學須達百分之八十或以上，方可申請資助。

津貼：每項申請津貼上限為課程學費之百分之七十，或港幣一千元(以較低資助額為準)。課程以外之材料費、器材費或其他雜費一律不包括於本計劃資助範圍之內。

名額：200 位

申請上限：申請次數與修業年相同。即修讀四年制課程之同學可獲資助之課程數目不多於四項；

申請日期：畢業班同學所報讀之體育課程須於其畢業年度之 7 月 31 日或以前完結，方可申請有關資助；如同學於最後修業年之上學期畢業，所報讀之體育課程須於 12 月 31 日或以前完結，始可申請有關資助。

### 🌀 申請程序 🌀

同學自行向主辦體育課程之機構報名，於課程結束後向輔導處申請償款。如不確定課程之主辦機構或課程所屬類型、性質是否屬本計劃資助範圍以內，請於報名前先向本計劃負責職員查詢確認。

課程結束後兩個月內，請親身帶同以下文件，到龐萬倫學生中心四樓學生輔導處辦理：

- 1) 填妥之「『一人一體資助計劃』申請表格」
- 2) 課程學費收據正本
- 3) 課程機構所發之出席證明書
- 4) 課程大綱
- 5) 提交課後感言及相片

申請表格可於[本計劃網頁](#)下載。

經核對同學提交之資料，並確認同學報讀之體育課程符合有關計劃之規定，本計劃將以支票或銀行轉賬形式發放資助予申請人。

### 🌀 查詢 🌀

電話：周女士 3943-8010 / 譚小姐 3943-6994

電子郵件：[tammychow@cuhk.edu.hk](mailto:tammychow@cuhk.edu.hk) / [kennistam@cuhk.edu.hk](mailto:kennistam@cuhk.edu.hk)

地址：龐萬倫學生中心四樓崇基學生輔導處



掃描 QR code 連結  
網頁及報名表格



# The Chinese University of Hong Kong Chung Chi College

## 「一人一體資助計劃」詳情 Be Active Programme Details

### ☯ Aim ☯

To enhance students' awareness and participation in sport activities and to develop interest, the program subsidizes Chung Chi Students to attend a short-term sport course (minimum 4 sessions or 12 hours lessons), course format can be practical, technical etc.

### ☯ Courses subsidized ☯

Distance Education, learning computer software etc would not be considered for the subsidy.

### ☯ Authorized institutions/ Organizer ☯

Sports associations under The Sports Federation & Olympic Committee of Hong Kong, China  
Non-Profit making organization in Hong Kong

### ☯ Subsidy details ☯

**Attendance:** Only students with attendance record of 80% or above can apply for the subsidy.

**Subsidy:** The maximum subsidy is 70% of the Tuition fee or HK\$1000, whichever the less. Other miscellaneous fees required will not be included in the scheme.

**Quota:** 200 students

**The maximum number of application:** equals to the normative study period(NSP). i.e. Student with NSP of 4 years can apply for subsidy for at most 4 courses.

**Application period:** For graduated year student the sport course must end on or before 31 July. For graduated year student who graduated in first semester, the sport course must end on or before 31 December.

### ☯ Application ☯

Students should enroll for the sport course themselves and apply for reimbursement after completion of the course. Please check with the responsible staff at college if students are not sure if the sport course nature is within the scope of the program.

Please bring the following documents in person to Dean of Students' Office within 2 months after the course completed:

- 1) The filled application form of 『Be Active』
- 2) The original receipt of sport course
- 3) The sport course attendance certification
- 4) Course outline
- 5) Submit a reflection and photos

The application form can be downloaded from our [programme webpage](#).

After verifying the eligibility and required documents, the subsidy will be issued by cheque or bank transfer.

### ☯ Enquiry ☯

**Tel:** Ms Tammy Chow 3943-8010 / Ms Kennis Tam 3943-6994

**Email:** [tammychow@cuhk.edu.hk](mailto:tammychow@cuhk.edu.hk) / [kennistam@cuhk.edu.hk](mailto:kennistam@cuhk.edu.hk)

**Address:** Dean of Students' Office, CCC, 4/F,  
Pommerenke Student Centre, Chung Chi College



Scan the QR code for  
details and application form